



Aihanmi-katatedori



Gyakuhanmi katatedori



Sodedori



Katadori



Munadori



Ryotedori



Ryosodedori



Ryokatadori



Katate-ryotedori



Ushiro-ryotedori



Ushiro-ryohijidori



Ushiro-ryokatadori



Ushiro-eridori



Ushiro-katatedori-kubishime



Shomenuchi



Yokomenuchi



Tsuki (Jodan)



Tsuki (Chudan)



Katadori-menuchi



**Hamnihandachi-
gyakuhanmi-katatedori**

Sechster Kyû

Tachiwaza

- Shomenuchi *ikkyo*
- Shomenuchi *iriminage*
- Gyakuhammi-katatedori *shihonage*

- Kokyûho

Fünfter Kyû

Tachiwaza

- Yokomenuchi *ikkyo*
- Yokomenuchi *shihonage*
- Yokomenuchi *udekimenage*
- Yokomenuchi *kotegaeshi*
- Yokomenuchi *iriminage*

- Kokyûho

Vierter Kyû

Tachiwaza

- Ryotedori *tenchinage*
- Ryotedori *iriminage*
- Ryotedori *shihonage*
- Katadori *nikyo*
- Katadori *sankyo*
- Katadori *koshinage*
- Aihammi-katatedori *iriminage*
- Aihammi-katatedori *nikyo*
- Katate-ryotedori *kokyûnage*

- Kokyûho

Dritter Kyû

Suwariwaza

- Shomenuchi *ikkyo*
- Shomenuchi *nikyo*
- Shomenuchi *iriminage*

Tachiwaza

- Munadori *shihonage*
- Munadori *iriminage*
- Munadori *kotegaeshi*
- Yokomenuchi *koshinage*

Ushirowaza

- Ushiro-ryotedori *ikkyo*
- Ushiro-ryotedori *sankyo*
- Ushiro-ryotedori *iriminage*
- Ushiro-ryotedori *shihonage*

Tanto-dori

- Tsuki *ikkyo*
 - Tsuki *kotegaeshi*
 - Tsuki *iriminage*
 - Tsuki *udekimenage*
-
- Kokyûho

Zweiter Kyû

Suwariwaza

- Yokomenuchi *ikkyo*
- Yokomenuchi *nikyo*
- Shomenuchi *sankyo*
- Shomenuchi *yonkyo*
- Shomenuchi *kotegaeshi*

Hanmihandachiwaza

- Gyakuhammi-katatedori *shihonage*
- Gyakuhammi-katatedori *uchikaitennage*
- Gyakuhammi-katatedori *sotokaitennage*
- Gyakuhammi-katatedori *ikkyo*
- Gyakuhammi-katatedori *nikyo*

Tachiwaza

- Katadori-menuchi *ikkyo*
- Katadori-menuchi *nikyo*
- Katadori-menuchi *shihonage*
- Katadori-menuchi *iriminage*
- Katate-ryotedori *ikkyo*
- Katate-ryotedori *kotegaeshi*
- Katate-ryotedori *iriminage*
- Katate-ryotedori *udekimenage*
- Jodan-tsuki *shihonage*
- Jodan-tsuki *koshinage*
- Jodan-tsuki *nikyo*
- Jodan-tsuki *kokyûnage*

Ushirowaza

- Ushiro-katatedori-kubishime *ikkyo*
- Ushiro-katatedori-kubishime *koshinage*
- Ushiro-katatedori-kubishime *shihonage*
- Ushiro-katatedori-kubishime *kotegaeshi*

Tantô-dori

- Shomenuchi *kotegaeshi*
- Shomenuchi *iriminage*
- Yokomenuchi *gokyo*
- Yokomenuchi *iriminage*
- Yokomenuchi *kotegaeshi*

Jô-dori

- Jiyûwaza

- Kokyûho

Erster Kyû

Suwariwaza

- Ryokatadori *ikkyo*
- Ryokatadori *nikyo*
- Yokomenuchi *sankyo*
- Yokomenuchi *yonkyo*
- Yokomenuchi *gokyo*
- Yokomenuchi *kotegaeshi*
- Yokomenuchi *iriminage*

Hanmihandachiwaza

- Ryotedori *shihonage*
- Ryotedori *iriminage*
- Ryotedori *kotegaeshi*
- Ushiro-ryokatadori *ikkyo*
- Ushiro-ryokatadori *sankyo*
- Ushiro-ryokatadori *kotegaeshi*

Tachiwaza

- Sodedori *iriminage*
- Sodedori *shihonage*
- Shomenuchi *shihonage*
- Shomenuchi *koshinage*
- Yokomenuchi *hjikimeosae*
- Katate-ryotedori *koshinage*
- Munadori-menuchi *jujigaraminage*
- Ryotedori *koshinage*

Ushirowaza

- Ushiro-ryotedori *koshinage*
- Ushiro-ryotedori *jujigaraminage*
- Ushiro-katatedori-kubishime *udekimenage*
- Ushiro-katatedori-kubishime *kokyûnage*
- Ushiro-ryokatadori *kokyûnage*
- Ushiro-ryokatadori *sankyo*
- Ushiro-eridori *kokyûnage*
- Ushiro-eridori *ikkyo*
- Ushiro-eridori *shihonage*
- Ushiro-eridori *kotegaeshi*

Tantô-dori

- Jiyûwaza

Jô-dori

- Jiyûwaza

Tachi-dori

- Jiyûwaza

- Kokyûho

Beachte: In den Prüfungen können ebenfalls Grundelemente wie Ukemi, Shikko, Irimi und Tenkan abgefragt werden. Desweiteren können Techniken der vorangegangenen Kyû-Grade Thema der Prüfung sein.